



NITOWA
Northern Ireland
Tug-Of-War Association

2023 World Indoor Championship Program Northern-Ireland, 7/11 March

Arrival days	Monday and Tuesday March 6 and 7, 2023
Dinners/breakfast	Will all be served in your own hotel
Breakfast	
07:00 – 11:00	Tuesday March 7, 2023
06:00 – 09:00	Wednesday March 8 until Sunday March 12, 2023
Dinners	
19:00 – 20:30	Monday March 6 until until Saturday March 11.
Weigh -ins	Tuesday March 7, 2023 in hotel Dunadry and hotel Holiday Inn (In Belfast City Centre);
07:30 – 12:00	Morning session
16:00 – 18:00	Afternoon session
	Weigh-in for all that haven't booked the package with the organization will be in Dunadry
Briefing	Tuesday March 7, 2023 in hotel Dunadry
21:00 – 21:45/22:00	
Opening ceremony	Thursday March 7 in Dunadry Hotel and Gardens
21:00	
Closing ceremony	Saturday directly after the last medal ceremony
Farewell party	For all participant in hotel Corrs Corner, Saturday March 11, 2023
21:00 – 00:45	Last busses will leave at 01:00
Departure day	Sunday March 12, 2023

The program hereunder might change because some weights are off the program.

Day 1 and 3 Wednesday/Friday

07:30 – 08:30	Stamping
09:30	Start of competition. Which weight class starts depends on the entries. 680kg SMen, 500kg SWomen and 560kg U23Mix Medal Ceremony (right after morning competition has ended)
11:30 – 12:30	Stamping
13:30	Start of competition. Which weight class starts depends on the entries. 600kg SMen, Medal Ceremony (right after afternoon competition has ended)

Day 2 and 4 Thursday/Saturday

07:30 – 08:30	Stamping
09:30	Start of competition. Which weight class starts depends on the entries. 640kg SMen, 540kg SWomen, 600kg U23Men and 500kg U23Women Medal Ceremony (right after morning competition has ended)
11:30 – 12:30	Stamping
13:30	Start of competition. Which weight class starts depends on the entries. 560kg SMen, 580 kg SMix and 520kg JMix Medal Ceremony (right after afternoon competition has ended)

Please note that times might change due to the length of the competitions and that for days 3 and 4 (closed competition) there will only be the Men Senior, Women Senior 500 kg and Mix Senior 580 kg.

